

St. Andrew Catholic School Breakfast MENU- October 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cheerios WG Red Grapes Milk	4 Blueberry Muffin WG Orange segments Milk	5 English Muffin WG Peanut Butter Apple slices Milk	6 Pancakes WG Syrup Fresh Strawberries Milk	7 Granola bar WG raisins rasberry Yougurt Milk
10 NO SCHOOL	11 Blueberry Muffin WG Orange segments Milk	12 English Muffin WG Peanut Butter Apple slices Milk,	13 Pancakes WG Syrup Fresh Strawberries Milk	14 Granola bar WG raisins rasberry Yougurt Milk
17 Cheerios WG Red Grapes Milk	18 Blueberry Muffin WG Orange segments Milk	19 English Muffin WG Peanut Butter Apple slices Milk	20 Pancakes WG Syrup Fresh Strawberries Milk	21 Granola bar WG raisins rasberry Yougurt Milk
24 Cheerios WG Red Grapes Milk	25 Blueberry Muffin WG Orange segments Milk	26 English Muffin WG Peanut Butter Apple slices Milk	27 Pancakes WG Syrup Fresh Strawberries Milk	28 Granola bar WG raisins rasberry Yougurt Milk
31 Cheerios WG Red Grapes Milk				

All lunches are served with white milk, strawberry milk or chocolate milk all fat free. St Andrews Catholic School.